

**BACTERIOLOGICAL PROFILE AND DRUG RESISTANCE PATTERNS OF
BLOOD CULTURE ISOLATES AT A SECONDARY CARE HOSPITAL IN
BRAZIL**

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Friday, August 8th 2014.

To The Brazilian Journal of Infectious Diseases

Subject: SUBMISSION OF NEW MANUSCRIPT FOR EVALUATION

Dear Editor,

I am enclosing herewith a manuscript entitled “**BACTERIOLOGICAL PROFILE AND DRUG RESISTANCE PATTERNS OF BLOOD CULTURE ISOLATES AT A SECONDARY CARE HOSPITAL IN BRAZIL**” for publication in Brazilian Journal of Infectious Diseases as an Original Article.

This project was approved by the Ethics Comitee of Instituto de Medicina Integral Prof. Fernando Figueira (CEP-IMIP nº 3659-13) and received a financial support from PIBIC-CNPq / IMIP. With the submission of this manuscript I would like to undertake that the above mentioned manuscript has not been published elsewhere, accepted for publication elsewhere or under editorial review for publication elsewhere; and that my Institute’s representative is fully aware of this submission. I also confirm that the manuscript content represents the views of the coauthors.

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ABSTRACT

Objective: The purpose of this study is to analyze the most prevalent microorganisms causing bacteremia and their resistance profiles in a secondary care hospital in Pernambuco, Brazil.

Methods: This was a transversal, descriptive study, based on positive blood cultures collected from patients admitted in the hospital from January to December of 2012.

Results: About 1056 bacteria were isolated from 915 blood cultures (86% monomicrobial and 14% polymicrobial). The most prevalent microorganisms were coagulase-negative Staphylococci (53.2%), *Staphylococcus aureus* (10.2%), *Acinetobacter baumannii* (7.9%), *Klebsiella pneumoniae* (5.1%) and *Enterococcus faecalis* (3.5%). Coagulase-negative Staphylococci were oxacillin-resistant in 83.1% and *S. aureus* was in 61.1% of cases, but both were 100% susceptible to vancomycin and linezolid. There was no vancomycin resistant *Enterococcus spp.* Enterobacteriaceae were multidrug resistant in 30.2% of cases, and there was extended-spectrum beta-lactamases and carbapenemase production in 12.6% and 13.6%, respectively. *K. pneumoniae* was multidrug resistant in 59.3%, and produced extended-spectrum beta-lactamases in 42.6% and carbapenemase in 16.7%. Almost 87% of *Acinetobacter baumannii* isolates were multidrug resistant, and imipenem resistance rate was 81.2%. Except for *Serratia marcescens*, no other gram negative was resistant do polymyxin B.

Discussion: High frequencies of drug resistance were found among the most frequent microorganisms. These strains are susceptible only to a few broad spectrum antibiotics, which leaves limited options for treatment in critically ill patients.

Keywords: Bacteremia, drug resistance, anti-bacterial agents.

Introduction

Nosocomial infections are an important cause of morbidity and mortality throughout the world, increasing length of hospital stay and costs (1-3). Bloodstream infections (BSI) correspond to 9.9-14.2% of nosocomial infections (4, 5), and it is often necessary to initiate an empirical antibiotic treatment in critically ill patients before the cultures results are available. However antimicrobial therapy can exert selective pressure, and the indiscriminate use of antibiotics may lead to multidrug resistance(6). There have been reports of multidrug resistant strains of the most common nosocomial pathogens, such as *Staphylococcus aureus* (*S. aureus*), *Enterococcus spp.*, *Escherichia coli* (*E. coli*), *Klebsiella pneumoniae* (*K. pneumoniae*), *Acinetobacter baumannii*(*A. baumannii*) and *Pseudomonas aeruginosa* (*P. aeruginosa*) (7-9).

The prevalence of pathogens and their resistance patterns may vary in different hospitals (10). Therefore knowing the most frequent pathogens becomes necessary for effective antibiotic treatment, decreasing length of hospital stay, morbidity and mortality of patients (11). Thus, the purpose of this study is to analyze the most prevalent microorganisms causing bacteremia and their resistance profiles in a secondary care hospital in Pernambuco, Brazil.

Materials and methods

Design and setting

This was a transversal, descriptive study, based on positive blood cultures collected from patients admitted in a public secondary hospital in Pernambuco, Brazil, from January to December of 2012. The hospital has 180 beds, distributed in five sectors: Intensive care unit (29), emergency (34), clinical ward (30), general surgery ward (29) and orthopedic ward (58).

Sample collection and processing

The blood samples were cultured by automated methods, using Bactec FX, and the microbiological identification and antimicrobial susceptibility were performed using Vitek 2 automated system. Each pathogen was classified as susceptible, intermediate or resistant to each antibiotic tested. Enterobacteriaceae were also tested for extended-spectrum beta-lactamases (ESBL) and classified as probable carbapenemase producers or not.

Analysis

It was included in the study all positive blood cultures in the hospital in the year of 2012, except those positive for fungus or mycobacteria. There were 915 positive samples and 1056 isolates. Multidrug resistance was defined as non-susceptibility to at least one agent in three or more antimicrobial categories, and oxacillin-resistant *S. aureus* isolates were categorized as multidrug resistant (MDR) as well (12). The isolates were also categorized by the hospital sector: ICU, wards and emergency.

Results

About 1056 bacteria were isolated from 915 blood cultures, from which 86% were monomicrobial and in 14% were polymicrobial. The most prevalent microorganism was coagulase-negative staphylococcus (CoNS), performing 53.2% of the total, followed by *S. aureus* (10.2%), *A. baumannii* (7.9%) and *K. pneumoniae* (5.1%). The prevalence of the most common microorganisms is shown in Figure 1.

The rates of resistance to carbapenems and cephalosporins were considerable among gram negative bacilli (GNB) (Table 1). Both *A. baumannii* and *S. marcescens* were

resistant to carbapenems and cephalosporins in more than 80% of cases, but they were mostly susceptible to gentamicin. *P. aeruginosa* was resistant to cephthazidimin 45.5% of cases, but only 13.6% of the isolates tested for piperacillin-tazobactam were resistant. Except for *S. marcescens*, no other GNB was resistant to polymyxin B. Gram positive cocci (GPC) were all susceptible to vancomycin and linezolid. There was a high frequency of oxacillin-resistant CoNS(83.1%) and *S. aureus* (61.1%) (Table 2)

The frequency of MDR GPC is shown in Figure 2, and the percentages of multidrug resistance, ESBL and carbapenemase producers among GNB are shown in Figure 3. High rates of multidrug resistance are shown among the most common bacteria, especially *A. baumannii*, *S. marcescens*, CoNS and *S. aureus*.

The ICU was responsible for 49.3% of isolates, emergency for 38.4% and wards for 12.2%. The most prevalent isolate is CoNS in all three sectors, but the frequency of the other pathogens varied between them. *A. baumannii* was more prevalent in ICU and wards comparing to emergency, while *S. aureus* was less prevalent in ICU. Gram negative bacteria were less frequent in emergency comparing to wards and ICU (Table 3).

Discussion

Although there have been an increase in gram negative bacteria reported in several studies (5, 13, 14), there is still a prevalence of gram positive organisms in some of them.(4, 15-17)Our study shows similar results, in which 70.8% of bacteria are gram positive versus 29.2% of gram negative. The most prevalent isolates were CoNS (53.2%), *S. aureus* (10.2%), *A. baumannii* (7.9%) and *K. pneumoniae* (5.1%). Although *P. aeruginosa* is an important pathogen reported in many studies, it represented only 2.1% of all isolates in our study.

A multicenter study performed in the US and another one in Europe also found CoNS as the most common bacteria, as well as studies in Colombia and India, but in lower frequencies (16.7-39.6%)(4, 5, 14, 17, 18). Other studies showed *S. aureus* as the most common bacteria, including a multicenter study performed in Brazil(13, 15). High levels of oxacillin resistant CoNS were found in our study (83.1%), but this finding is in consonance with results found in Brazil (13, 19) and other parts of the world (14, 20).

The high prevalence of CoNS could be explained by the fact that these bacteria are often skin colonizers, and the use of external devices predispose to infection caused by them.(21) This group is also the most common cause of contamination of samples, and it is necessary clinical correlation to discriminate whether it is a pathogen or a contaminant(22, 23).

Staphylococcus aureus was resistant to oxacillin in 61.1% of the isolates, similar to other recent studies – varying from 33.4 to 70.6% (13, 15, 16, 18, 24, 25). Because of the high rates of resistance, vancomycin should be considered as a first choice in critically ill patients who need empiric antimicrobial therapy, since there was no isolate resistant to this drug in our study.

Enterococcus spp. was observed in 4.8% of all isolates. There was no vancomycin resistant *Enterococcus* spp. in this study, in contrast to other studies showing different rates of resistance. A nationwide surveillance study in the US found 60% of vancomycin resistant *E. faecium*, but only 2% of resistant *E. faecalis*(18), while other studies show rates up to 29% (26-28).

The prevalence of *A. baumannii* in this study was 7.9%, and most of them were isolated either in the ICU or in wards, and only 2.9% of them were isolated in emergency. That could be explained by the fact that this species is associated with mechanic ventilation(7), and a significant amount of patients in wards in this hospital comes from the ICU. Almost

87% of the isolates were MDR, and imipenem resistance rate was 81.2%, results in conformity with a global tendency of increasing resistance rates(29-31).

A multicentric surveillance study in America was published in 2004, demonstrating carbapenem resistance rates ranging from 0.7-20% (20). Recent studies have shown that this is no longer a reality: 83% of *A. baumannii* isolates in a study in India were resistant to imipenem(14), similar to our results, 49.5% in Colombia(17), 55.9% in Brazil(13), 54% in Italy(32). This scenario has origin in multiple factors, including the indiscriminate use of carbapenems, and the fact *A. baumannii* is able to develop multiple resistance mechanisms(33).

Although the SENTRY study reported Latin America to register the higher rates of ESBL production, reaching 23.9%(20), in this study, there were 12.6% of ESBL producers among Enterobacteriaceae. Similar results were found in a study in Colombia, in which 14.7% were ESBL producers in blood, urine and other samples(34). Other studies in Brazil revealed rates from 22 to 29%(13, 35). *Escherichia coli* and *K. pneumoniae* were ESBL producers in 34.6% and 46.2% of the isolates respectively. Similar rates were described in a global surveillance, in which rates around 40% for *E. coli* and over 50% to *K. pneumoniae* were published (36).

Carbapenemase production was suspected in 13.6% of all Enterobacteriaceae. *Enterobacter* spp. and *S. marcescens* had the highest rates: 46.2% and 87.5%, while carbapenemase production in *K. pneumoniae* was 16.7%. Carbapenem resistance rates seem to be very different in many studies. This finding was high compared 1.1% total carbapenem resistance found in a large study performed in USA(9) and to 1.3% found among *K. pneumoniae* in a Brazilian study (13), but it was similar to 12.8% among *K. pneumoniae* found in a Colombian study(34) and much lower than 77% found in another

study performed in Colombia(17). That variation might be influenced by the extensive usage of these antibiotics in some hospitals, exerting selective pressure.

Serratia marcescens has proved high resistance rates to most antimicrobials tested, and 91.7% of the isolates were MDR. Gentamicin and Trimethoprim-sulphamethoxazole had the higher susceptibility, while 87.5% were resistant to carbapenems. Those findings differ from the ones described in Latin America: more than 91% of all *S. marcescens* isolates were susceptible to carbapenems (36). This species is also capable of developing resistance to polymyxin B(37), which explains 95.2% of resistance to that antimicrobial, while all other Enterobacteria tested were susceptible.

A limitation in our study was the fact samples were collected in a secondary hospital, while most of the other studies were performed in tertiary hospitals. Also we analyzed samples collected in one year, and in this period it is not possible to analyze a tendency in drug resistance patterns at this hospital. Finally, we did not correlate these results with characteristics of the patients such as comorbidities and previous hospitalization, which may influence the prevalence of microorganisms found in this study.

Conclusions

These results corroborate the variation in microbiology and resistance patterns among different hospitals, and how important it is to know it to determine the best antimicrobials for empiric treatment in each service. This study provides relevant information to guide empiric therapy in our settings. It also draws attention to the fact there are important MDR strains susceptible only to a few broad spectrum antibiotics, leaving limited options for treatment. This scenario becomes more preoccupying considering the fact only a small number of antibiotics are in development.

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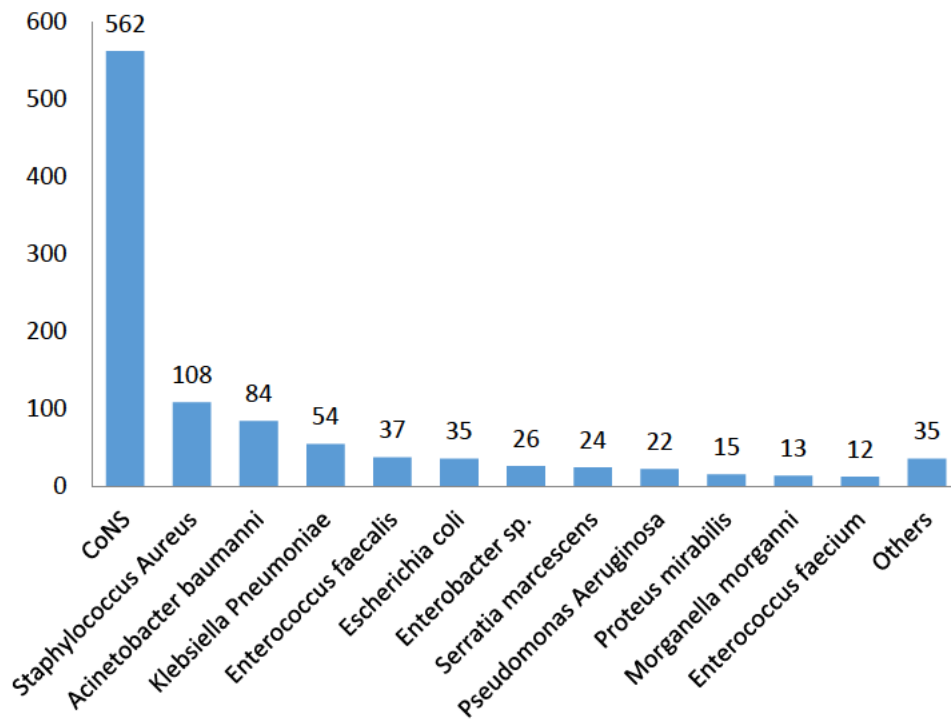


Figure 1. Frequency of microorganisms isolated from blood cultures at a secondary Brazilian hospital in 2012 (n=1056).

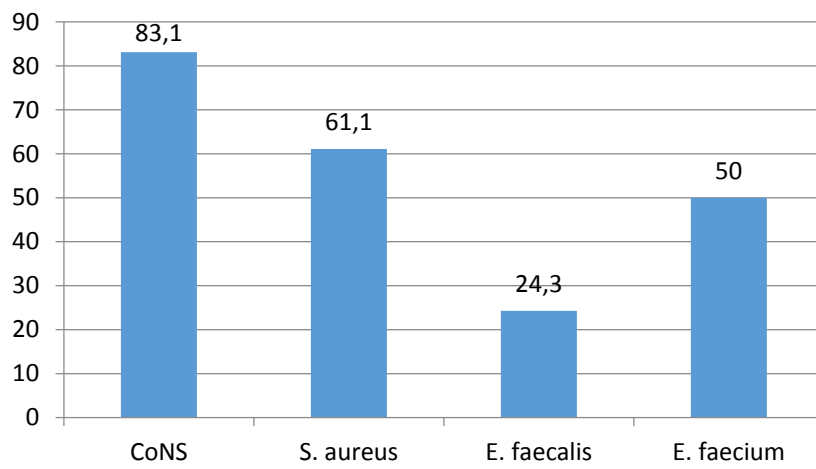


Figure 2. Percentage of multidrug resistance among gram positive cocci isolated from blood cultures at a secondary Brazilian hospital in 2012.

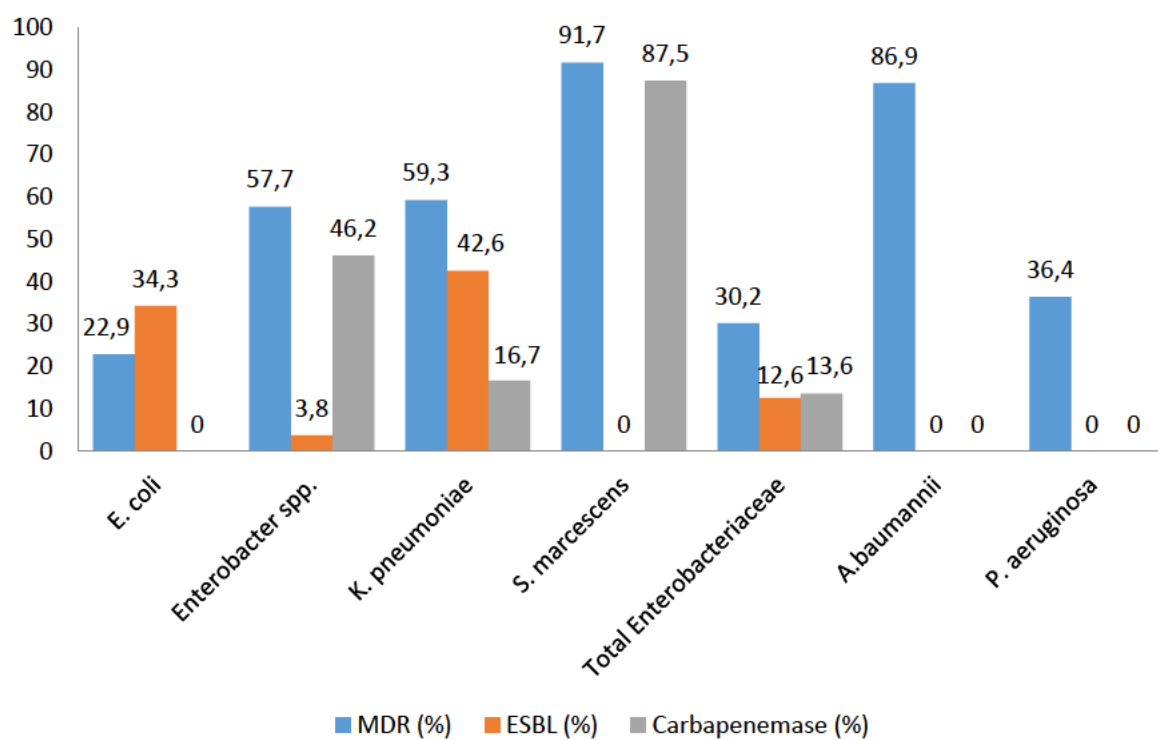


Figure 3. Percentage of multidrug resistance, extended-spectrum beta-lactamases and carbapenemase in gram-negative bacilli isolated from blood cultures at a secondary Brazilian hospital in 2012

Table 1. Resistance of gram negative bacteria to antimicrobial agent

Antimicrobial agent	Percentage resistance					
	A. baumannii	P. aeruginosa	K. pneumoniae	E. coli	Enterobacter sp.	S. marcescens
Amikacin	72.6	13.6	5.6	0	19.2	75
Ampicillin- sulbactam	40.5	NT	NT	NT	NT	NT
Cefepime	82.1	40.9	59.3	31.4	42.3	91.7
Ceftazidime	85.7	45.5	59.3	31.4	61.5	83.3
Ceftriaxone	NT	NT	59.3	31.4	60.0	95.8
Ciprofloxacin	84.5	31.8	57.4	37.1	61.5	45.8
Ertapenem	NT	NT	16.7	0	70.6	87.5
Gentamicin	25	36.4	33.3	25.7	30.8	12.5
Imipenem	81.2	31.8	11.1	0	42.3	87.5
Levofloxacin	79.7	NT	57.4	31.4	57.7	37.5
Meropenem	78.6	31.8	13.0	0	42.3	87.5
Piperacillin- tazobactam	81.2	13.6	38.9	2.9	53.9	87.5
Polymyxin B	0	0	0	NT	0	95.2
Trimethoprim- sulphamethoxazole	NT	NT	57.4	44.1	57.7	16.7
Tobramycin	NT	NT	31.5	11.8	36.0	29.2

NT= not tested

Table 2. Resistance of gram positive cocci to antimicrobial agent

Antimicrobial agent	Percentage resistance			
	S. aureus	CoNS	E. faecalis	E. faecium
Ampicillin	100	99.2	0	75
Ciprofloxacin	46.3	67.1	45.9	66.7
Streptomycin*	NT	NT	56.8	33.3
Gentamicin	14.8	48.8	29.7*	41.7*
Levofloxacin	44.8	65.7	43.2	66.7
Linezolid	0	0	NT	0
Oxacillin	61.1	83.1	NT	NT
Penicillin	100	99.5	NT	75
Trimethoprim- sulphamethoxazole	7.4	52.7	NT	NT
Tetracycline	20.6	11.8	70.2	16.7
Vancomycin	0	0	0	0

*High level streptomycin, **High level gentamicin, CoNS, coagulase negative staphylococcus, NT, not tested

Table 3. Prevalence of microorganisms by hospital sector

Microorganism	UCI n(%)	Wards n(%)	Emergency n(%)
CoNS	280 (53.7)	53(41.1)	229(56.4)
A. Baumannii	58 (11.1)	14(10.8)	12(2.9)
K. Pneumoniae	34 (6.5)	7(5.4)	11(2.7)
S. Aureus	27 (5.2)	25(19.4)	56(13.8)
Enterobacter	20(3.8)	1(0.8)	5(1.2)
E. faecalis	19(3.6)	9(7)	9(2.2)
S. Marcescens	19(3.6)	2(1.5)	5(1.2)
Total	521	129	406

UCI, intensive care unit; CoNS, coagulase negative staphylococcus

Instructions to authors

The Brazilian Journal of Infectious Diseases

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- State-of-the-art presentations or reviews (review or mini review papers);
- Case presentation and discussion (case reports);
- Clinical infectious diseases images;
- Letters to the editor concerning previous publications;
- Editor's corner, containing ideas, hypotheses and comments (Editorial).

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- The text should be divided into separate sections (Introduction, Material and Methods, Results, Discussion, References);
- No more than 50 references;
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- Text should not exceed 12 double-spaced typed pages of 23 lines each;

- A maximum of 2 figures or tables (or one of each);
- No more than 20 references;
- The text should not be divided into separate sections;
- Authors should state in the cover letter that the manuscript is intended to be a brief communication;
- Number of authors should not exceed 5.

REVIEW ARTICLE

This section is for an updated presentation on a specific topic. This section should contain critical analysis and a new point of view of a relevant area and not a chronological description of the literature. This section aims to raise discussion among readers about controversial issues and the development of concepts in Infectious Diseases. A review article has to bring the new point of view of the focus of the subject. A minireview is focused on a restricted part of a subject. A minireview and review article should contain:

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Reports of clinical cases must contain a brief introduction about the nature of the case diagnosis, whose focus is the importance of the subject. The case has to be described with data and reports of examinations, treatment and prognosis of the case, discussion about the importance of the findings and presentation of the case in relation to literature. A case report should have a special interest to the clinical research community or it has to be a rare case; or to present a new diagnostic method; or new or modified treatment. A case report article should contain:

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- The authors should obtain written permission to reproduce figures and tables from other sources;
- If the study was supported by any institution, it has to be indicated in the cover letter.

The cover letter should be in one double-spaced electronic document, title (no more than eight words in the title); no more than five (or ten, when an original article) authors may be listed, including name, institution, address, email address, telephone and fax number of each author; the text should contain no more than 300 words.

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For each manuscript a registration number will be assigned and the author will be notified that the manuscript is complete and adequate to start the review process.

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Manuscript, Title Page, Cover Letter, and Author Agreement files in DOC format (Winword); bars or lines figures in XLS (Excell standard); photos and figures, with minimum resolution of 300 dpi, in JPG format. Please do not attach titles and letterings to illustrations. Please do not insert illustrations on text. Each illustration shall have an individual file. File name shall express illustration type and numbering (Figure 1, Table 2, for example). Illustration titles and letterings duly numbered shall be in separate text file. Copies or reproductions of other publications will be allowed only with the attachment of express authorization of the Editing company or the author of the original article.

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Author affiliations

- Complete name of the authors (do not abbreviate);
- Affiliations of all authors;
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- Consider the manuscript formats to verify the number of keywords;
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Introduction

- In the text of Introduction the authors have to reveal the aim of the study, the purpose of the research, and the basic literature about the subject.

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Results

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- If the table is from another source, the authors must indicate the source and send the permission to the Journal.

Figures/Graphics

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Discussion

- The discussion presents the results comparing and evaluating them to literature and the existing knowledge. References to other studies should appear in the Discussion to compare the data obtained in the methods and results of the paper.

Acknowledgements

- Authors can thank anyone who helped them do the work or study.

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Examples for reference citation are presented below. Authors should consult NLM's Citing Medicine for additional information on the reference formats.

Article

Turner SW, Young S, Goldblatt J, Landau LI, Le Souëf PN. Childhood asthma and increased airway responsiveness a relationship that begins in infancy. *Am J Respir Crit Care Med.* 2009;179:98-104.

Chang ML, Yang CW, Chen JC, et al. Disproportional exaggerated arpartate transaminase is a useful prognostic parameter in late leptospirosis. *World J Gastroenterol.* 2005;11:5553-6.

Book chapter

Taylor DM, Personnet J. Epidemiology and natural history of *Helicobacter pylori* infection. In: Blaser MJ, Smith PD, Ravdin J eds. *Infections of the gastrointestinal tract.* New York: Raven Press, 1994.

Book

Polak JM, Van Noordan S. *An introduction to immunochemistry: current techniques and problems.* Oxford, UK: Oxford University Press, 1987.

Abstract

Blatt SP, Butzin CA, Lucey DR, Melcher GP, Hendrix CR. Anergy status and CD4 CD29 memory T-cells predict progression to AIDS (abstract PoB 3480). In: *Program and abstracts: VIII International Conference on AIDS (Amsterdam).* Amsterdam: CONGREX Holland, 1992.

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